Real World Example
The Story of Big Moose Lake
Resilience, Tipping Point, and Restoration

Summary

Big Moose Lake, one of the largest lakes in the Adirondack Mountains of New York State, lies downwind from the old industrial heartland of the U.S. that stretched from western Pennsylvania through Illinois. A steep rise in industrial activity began in this region around 1880, and increased to such an extent that by 1900 the U.S. produced more steel than the rest of the world combined. Heavy industry continued as a dominant economic sector up until the latter decades of the 20th century. Industrial output was fueled by dirty coal, which upon combustion released copious amounts of sulfur dioxide (SO₂) into the atmosphere where it was chemically transformed to sulfuric acid. Prevailing winds blew the acidic sulfur emissions from the heartland northeasterly into the Adirondacks where they were trapped and prone to deposit on the soils in a phenomenon that became known as “acid rain.” The mountain range, home to over 2,000 pristine lakes and ponds, had long been known for its spectacular fishing that drew hundreds of thousands of anglers to the region every year. In the 1970s, park rangers began to notice a sudden and unexpected increase in lake water acidity, and a concomitant decline in fish populations that died off in the order of their ability to survive in acidic lake waters. This regional catastrophe led to a national debate about the need to strengthen air pollution policies, and was a major consideration in the formulation of the Clean Air Act Amendments of 1990.

Big Moose Lake was one of the few lakes where accurate, simultaneous data existed for long-term trends in pH, upwind SO₂ emissions, and fish populations. As illustrated in the figure above, these data provide a concise glimpse of the etiology of events that led to the acidification of the mountain.
lakes. Notice that the pH of the lake water remained essentially constant (except for a slight decline due to natural senescence) over the period from 1760 to about 1950. Then within the space of 30 years, the pH declined more than 1 whole pH unit (corresponding to a factor of 10 increase in acidity). It can also be observed that the rapid onset of pH decline was not synchronous with the onset of acidic sulfur emissions from the industrial heartland. Rather, this “tipping point” in pH occurred 70 years after SO$_2$ emissions began and 30 years after the emissions peaked around 1920. Why the delayed response?

A lake receives most of its water not from direct wet precipitation on its surface, but rather from runoff and groundwater flow through the watershed soils draining into the lake. The soils buffer a lake against acidification because they possess what soil chemists call “Cation Exchange Capacity” (CEC). It is the CEC that serves to neutralize acidic inputs that would otherwise flow unhindered into the lake. [See the accompanying class activity “Nature’s Alka-Seltzer” for a more detailed discussion of lake water buffering by watershed soils, and why tipping points in pH occur.] A lake’s resilience to acidification is determined by the size of the watershed’s CEC. Even relatively well-buffered watersheds can lose their CEC over time when inputs of acid rain are high enough to surpass the rate at which the CEC can be naturally replenished. When the CEC declines to about 5% of its original capacity, the lake is highly vulnerable to the kind of rapid acidification experienced by Big Moose Lake.

The risk of lake acidification in the Adirondacks has been mitigated over recent decades as a result of two factors. One was the enactment of Title IV of the Clean Air Act Amendments of 1990, which specifically targeted acid rain by mandating upwind sources to significantly reduce their sulfur emissions. This has been achieved through a highly successful, market-oriented cap-and-trade system with active participation by the utilities industry. Over the period from 1980 to 2012, annual SO$_2$ emissions from coal-fired power plants declined from 17.3 tons to about 3.3 tons (81% reduction).

The second factor has been the natural replenishment of CEC in the soil by addition of base cations from the weathering of bedrock. Recent studies suggest that with the continued decline of acid rain inputs and the increase in CEC, many lakes are gaining back their resilience and the ability to mitigate the impacts of acidification-stress to aquatic biota. The return of trophy-sized trout to some lakes and streams that had become fishless is one manifestation of this comeback.

**Individuals with expertise/responsibilities in the following areas have helped create the case study:**

- Soil scientists, limnologists, and air pollution modelers
- The Environmental Protection Agency/Clean Air Act Amendments of 1990
- Utilities industry/participation in cap and trade transactions to reduce emissions
- New York Department of Environmental Conservation
- The Adirondack Council

**Key teaching points:**

- **Limits to resilience.** Ecosystems have resilience, but the resilience has limits. When limits are transgressed, a tipping point causing a major disruption in ecosystem function may occur.
- **Resiliency and time-delayed impacts.** The resilience of an ecosystem to an external stressor delays the time between the onset of the stressor and the occurrence of the tipping point. The greater the resilience, the longer the delay and vice versa. High resiliency can mask the risk posed by the stressor.
- **Non-linear, surprising outcomes.** Inputs of a stressor (e.g., a chemical pollutant) are typically linear over time, but the response of the ecosystem can be strongly non-linear. Non-linear behavior is manifested when a system reaches its tipping points. The occurrence of the tipping point can come as a complete surprise due to the delay in time between cause and effect.
• Early warning. In order to attain early warning about time-delayed impacts on ecosystems caused by inputs of external stressors, capacity controlling properties (CCPs) in the ecosystem that buffer against the stressors need to be identified and monitored.

• Restoration and policies. Restoration of ecosystems requires good policies that reduce or eliminate the stressor so that processes of natural replenishment are able to build up resilience.

Recommended Readings:


• Webpage of Professor Charles Driscoll at Syracuse University has update on current and projected status on acid-impaired lakes in the Adirondack Mountains. Go to: statuthttp://lcs3.syr.edu/faculty/driscoll/personal/Research.asp and click on link “Current Work on Acid Rain.”