

Suki's List for a Happy Expedition

Here's my recommendations for field trip gear, etc. It is intended as a guide only. Room will be limited so we need to pack as lightly as possible. We need to share tents to minimize impact. Label your stuff well so that it will be returned to you if lost.

Clothing (the layered look is in):

1 light shirt per day
2 pr. long pants
1 pr shorts (optional)
warm long-sleeve shirt
warm jacket and/or shell
1 "undies" per day
1 pr. socks per day plus a spare pair
sleepwear (long johns or t-shirt)
hat & mittens
sun hat
bandanas
towel - 1 small or bandana
toiletries/ meds
rain gear
hiking boots (or tough sneakers)
camp shoes (cactus-proof)

Camping:

sleeping bag
sleeping pad
non-disposable eating equipment*
drinking cup
personal non-disposable napkin (a bandana works well)
matches/lighter
flashlight
sunscreen
insect repellent
personal first-aid kit
small camp chair or sit-upon

Specialized equipment:

you decide but keep it small

SHARED items:

Large First Aid Kit
Luggable Loo (toilet)
tents
coolers
lanterns
stoves
pots & pans
cooking utensils
tables
some snacks
trash bags

Geologizing:

field notebook
writing utensils
hand lens or magnifying glass
field guide(s)
water bottle
digital camera
optional:
pocket knife
binoculars
magnet
dilute HCl
hammer
compass
sample bags
permanent marker

Other:

playing cards
reading material
music makers (harmonica, guitar)
homework for other classes
snacks to share
beverages you like to drink
1 gallon (4L of potable water)

*a lidded, plastic container works well as a bowl and a plate, and as a place to store utensils when not in use (**note: disposable equipment will not be tolerated**)